





# The Allie Dress

By

Made With Hugs and Kisses











## About The Allie Dress

This 50's inspired dress is quick and easy to sew together and creates a beautifully flattering silhouette. The Allie Dress plays with contrasting fabrics and patch pockets, it also features an elasticated shirred back making this dress comfortable, versatile and oh-so-very cute!

Please note that this pdf pattern is for the bodice and waist band only - both of which are fully lined. Try experimenting with skirt variations and transform the Allie Dress to suit your own style. Some possibilities include a-line, pleated, circle or gathered skirts.

You can download the pattern for the patch pockets separately from www.madewithhugsandkisses.com/sewing-patterns

## Getting Started

- Start by printing off the 6 page pattern yes you read correctly, just 6 pages, so it isn't going to use up all of your ink!
- Trim or fold over the top and left edges.
- Piece the paper pattern together by matching up the numbers and hearts. Glue or stick.
- Cut out the pattern pieces and you are ready to transfer it over to your fabric.

A 5/8" seam allowance has been included on all pattern pieces.

#### <u>Sizes</u>

The Allie dress is a one size pattern.

It features an elasticated shirred back making this dress comfortable and versatile.

The sample garment pictured in the photograph (right) shows the pattern fitting a bust of 39" and a waist of 32", with plenty of room to expand.













**To reduce:** This could be achieved by either reducing the width of the back shirring panel or reducing the width of the side back pattern pieces. Don't forget to reduce the width of the back waist band pattern piece by the same amount also.

**To Increase:** I would recommend increasing the width of the shirring panel, but don't forget to increase the back waist band pattern piece by the same amount also.

## Fabric and Notions

The amount of fabric you will need to complete this dress will depend greatly on the type of skirt you choose to add.

The sample garment pictured required 3m of the red cotton and a 2m of the contrasting gingham. This included the lining of the bodice and waistband. If you require a shorter or less gathered skirt, you may find that 2m of the main fabric will work.

Don't forget that, as well as your usual fabric and threads, you will also need some elastic (approx 1/2" width) and shirring elastic.

### **Instructions**

- 1. Right sides together and using a long stitch length, attach the two front bodice pieces together and gather. Repeat for the lining front bodice pieces.
- 2. Fold the neck tie straps length ways, right sides together and stitch down one end and along the full length. Turn the neck tie the right way round and press. Repeat for the second neck tie.
- 3. Sandwich the neck ties in between the front bodice main and lining pieces use the notches to determine the correct position. Stitch across the top edge of the bodice, securing the neck ties. Turn the right way and press.
- 4. Steps 4 and 5 attaching the front bodice loop, are optional but recommended. Fold the bodice loop pattern piece in half, length ways, right sides together. Stitch down the length, leaving both ends open. Fold the right way round and press flat with the seam down the centre back.











- 5. Wrap the bodice loop around the centre front of the bodice, stitch to secure. This will hide the gathered seam line down the centre front of the bodice.
- 6. Place the side back main and lining pattern pieces right sides together and secure by stitching across the top edge. Turn the right way around and press. Repeat for the second side back pieces.
- 7. Attach the side back bodice pieces to the front bodice.
- 8. Take the back shirring panel. Fold over the top edge, press and stitch. Thread the elastic through the tunnel created, cut the elastic to the desired length and secure at both ends
- 9. Using your shirring elastic, stitch lines across the panel. Press using steam.
- 10. Fold in the seam allowance of the side back pieces and sandwich the shirring panel in between the main fabric and lining. Top stitch to secure.
- 11. Taking the front and back waist band pieces, attach at both side seams to create a continuous loop. Repeat for the waistband lining.
- 12. Pin to the bottom edge of the bodice, sandwiching the bodice in between the main and lining layers of the waistband. Stitch, fold the right way round and press.
- 13. Attach your chosen skirt the method you use for this will depend on the type of skirt you choose to add.
- 14. Continue the shirring from the back panel down onto the waistband. Stop once you reach the skirt.
- 15. You may wish to add a short length of elastic where your shirring ends and your skirt begins I have found this helps to bring in the waist and create a more fitted silhouette.
- 16. Visit <u>www.madewithhugsandkisses.com/sewing-patterns</u> to download the one page pattern for the contrasting patch pockets and full instructions.

A quick note - it goes without saying that this pattern is for personal use only. The contents of this pattern (including instructions, photos and illustrations) belong exclusively to Made With Hugs and Kisses. No part of this pattern should be reproduced or resold.





