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Free Muff Sewing Pattern for girls and ladies



muff – *noun* 'məf

Origin of *MUFF*

Dutch *mof*, from Middle French *moufle* mitten, from Medieval Latin *muffula*

First Known Use: 1599

([credit source](#))

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I personally have very fond memories of such a muff. I had one as a child and went on walks on a cold day, with my beloved mom.

I wanted to instill the same warm feeling with my daughter and explained everything to her about such a muff. A couple of hours later I made one. I was pleased to find just the perfect material in my fabric closet but first, I made the prototype, a ladies muff. Made from luxurious long pile faux fur from Shannon Fabrics, called [Mongolian Fur in camel](#).

Ready to make one for yourself and your little girls? Let's get started!

Let's gather the supplies

- faux fur material
- inner material such as Cuddle fabric
- strap material such as cotton, muslin etc. something sturdy and non-stretch, even belt material or grossgrain ribbon would work
- thick batting
- sewing machine
- rotary cutter (optional)
- lip edge ruler (optional)
- scissors
- iron & ironing board
- double threaded hand sew needle with about 10" of double thread, double knotted

3

So we picked out the outer material. You can also use any other type of faux fur if you like. Even very thick plush or fleece will work. For the inside I used Cuddle fabric, also from Shannon Fabric.

Then I have cut my strap piece (all measurements are at the bottom of this tutorial):



Ready to begin sewing

4

First, fold your strap piece in half lengthwise and press, then unfold:

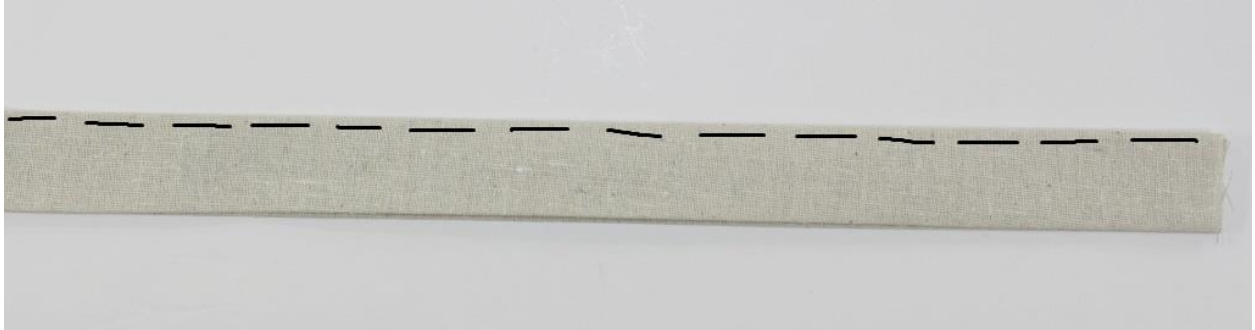


Unfold the strap and now fold in both long edges towards the center crease.



5

Press and fold so you will have a 4 layer strap piece. Sew along the dashed line close to the two folded edges:

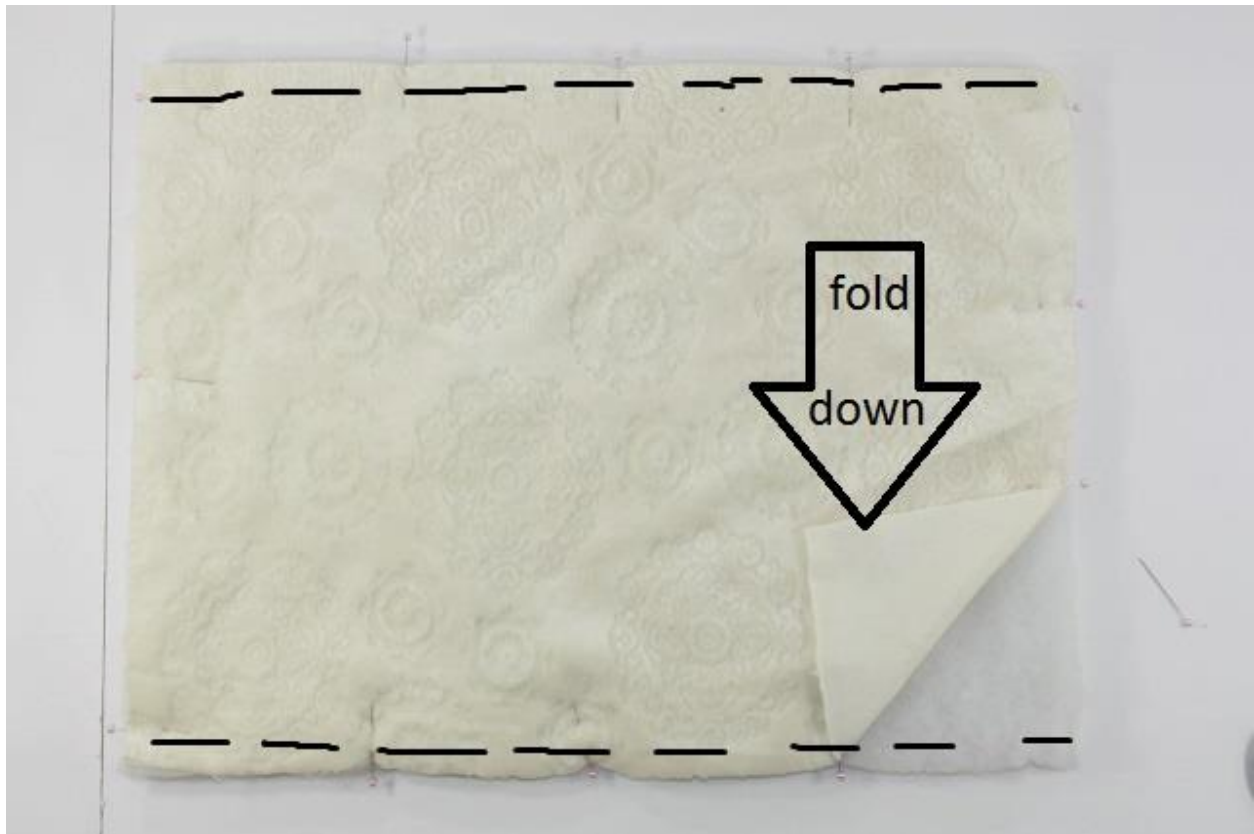


This is the finished strap. Lay it aside:



6

Take your cut piece of batting and place the inside material (Cuddle fabric in my case) on top of it with right side up. Pin the long sides (if you are making the child's version, it doesn't matter which side you pin since the pieces are square). Fold all corners down (my flipped up corner is only for the picture) and sew in place with a $\frac{3}{8}$ " seam allowance:



7

Place the faux fur piece on top of the just sewn piece, with right side up.



8

Sew along the dashed line (short ends on the ladies' version and other ends on the child's)



It's time to turn the 3-layer piece with right sides out. Turn it so the batting is on the inside.

9

Then the top and bottom corner of the right side are going to meet.....



10

With your hand, grab the top and bottom corners of the right side and bring them together.....



as it looks right here:



11

Start pinning ONLY the inner material edges (with the batting)...



Sew along the dashed lines with backstitching the beginning and end:



12

Fold the outer material away or down so that your piece looks like this now. Place the strap ends above the muff as shown:



Place the center of the strap inside the muff where the outer fabric is:



13

Align the left strap end with the corner of the muff's outer material:



Pin it in place:



14

Repeat with other side, making sure the strap won't tangle up and will be even once pinned. Now sew both edges of the outer material closed, except a center opening of 4". Backstitch the beginning and end. You are left with an opening like this now:



15

Reach into the opening and pull the muff through, gently and slowly:



This is what you should have now. An almost finished muff! I'm getting excited now!! Are you??

Last step to finish your muff, with your hand sewn needle, sew the opening closed using a [SLIP STITCH](#).

Your muff is done! Enjoy!